

Will my information be kept confidential?



Confidentiality is very important to us. The information you provide will only be shared with the relevant professionals. This will be explained to you in more detail at your appointment.

How can I give feedback on the service I receive?

If you want to give us some feedback, go to:

www.yorkshireandhumberfcamhs.co.uk

or you can ask one of our team for a form to complete.

What is Yorkshire and Humber Forensic CAMHS?



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Yorkshire and Humber Forensic Child and Adolescent Mental Health Service is an NHS service that helps young people who are displaying behaviours that may be putting others at risk.

Why have I been referred to you?

You might be referred to us if you have been seen by the Police, if you're in contact with the Youth Justice System, or if you're at risk of entering it. You may also be referred to us by a professional who is currently involved in your care, if they're concerned about you, or if someone is worried about your risk to others.



What happens next?

A professional working with you might come to us for advice on the best way to support you.

In some cases, you may be asked to come and meet with someone from our team. This meeting will be carried out in a place where you feel safe and comfortable.

We'll talk with you about the reasons why you have been referred to our team, and think about how we, or other people, can help you.

We may talk about some of your previous or current life experiences; we'll do this in a sensitive and understanding way to make sure you feel comfortable.

Who might I see?



Our team is made up of nurses, doctors, psychologists and social workers.

It may be that you meet with us alongside someone you already know well, such as your CAMHS practitioner, youth offending team manager or social worker.

What if I don't want to attend the appointment?

We hope that you'll agree to attend the appointment with us. We try to offer appointments where you feel most safe and comfortable. At the appointment we can discuss any worries or concerns you might have. If you really don't want to attend the appointment, please speak to one of the professionals who works with you.



What happens after the appointment?

You may need several appointments with the team before we have enough information to complete an accurate assessment.

When we've done this, we'll share this with you and the professionals working with you.

We'll discuss different approaches available to meet your needs, and we'll always take your own wishes into account.

How can you make a referral?

To make a referral into the service, please contact our Single Point of Access on: 01924 316071.

You don't need to complete a referral form before contacting us. Our team will make a note of all the relevant details from you over the phone, so that we can process your referral.

What information do you need to hand when making a referral?

- Name, date of birth and contact details of the young person and their parents or carers
- Confirmation (can be verbal) of consent to refer to our service
- GP's details
- Details of all professionals and agencies involved
- Details of any previous CAMHS support or any mental health diagnosis
- Current living arrangements
- Social care status
- Education status
- Criminal justice status

We'll ask about your concerns and the reasons for your referral. We'd also like to find out what you think the outcome of your referral will be.

How can you give feedback on this service?

We're always looking for ways to improve. Tell us about your experience with Yorkshire and Humber Forensic CAMHS by visiting our website:

www.yorkshireandhumbercamhs.co.uk

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Who are we?

We're an NHS service that helps young people who are displaying behaviours that may be putting others at risk.

We're four local NHS Trusts working together to provide a Community Forensic CAMH Service for children and young people across the Yorkshire and Humber region.

These Trusts are:

- South West Yorkshire Partnership NHS Foundation Trust
- The Humber NHS Foundation Trust
- Sheffield Children's NHS Foundation Trust
- Tees, Esk and Wear Valleys NHS Foundation Trust

We provide services to anyone under the age of 18 whose behaviour/ presentation may be of concern to professionals, their families and/or their communities.

The service consists of a variety of multi-disciplinary professionals, including Psychiatry, Psychology, Nursing and Social Work. Each has a range of specialist expertise in working with young people displaying high risk and concerning behaviours.

Why refer to us?

Our service is available to young people under the age of 18 living across the region and about whom there are questions regarding mental health or neurodisability who:

- present with high risk of harm towards others and about whom there is major family or professional concern
- and/or are in contact with the criminal justice system
- or are likely to enter secure care due to behaviour/ presentation that can't be managed elsewhere

Examples of presentations which may prompt you to refer to our service include: violent behaviours, arson/firesetting, harmful sexual behaviour which occurs in conjunction with other risk related behaviour, animal cruelty or other complex high risk behaviours which place the young person or others at risk of significant harm.

The service is community based, and will also become involved with young people and their professional group to support transitions both in to and out of secure care (hospital settings, secure welfare environments and custodial settings).

Who can refer?

We accept referrals from all professionals working with children and young people who originate from the Yorkshire and Humber region. However, we require that cases are held by a case-holder or care co-ordinator at the point of referral and throughout involvement with Forensic CAMHS.

Children and young people who originate from the Yorkshire and Humber region but currently reside out of area may also be referred to the service.

What can you expect from us?

Call SPA to refer a young person with forensic presentation into our service.

- If you think a child is suitable for referral into our services you can call our Single Point of Access team to refer them. They're available on 01924 316 071 from Monday to Friday, 9am – 5pm.

You'll receive a call back by the end of the next working day.

- You'll receive a telephone call from one of our clinicians by the end of the next working day. This will be an initial discussion to explore your concerns and the reason for your referral.
- The clinician will offer you advice and recommend how you should proceed. This may include helping you to identify other appropriate agencies within the region that are best placed to support the young person in question.

This might be followed by a formal consultation.

- You might decide together that a formal consultation is needed. This can take place face to face, over the phone or via skype – whichever is most appropriate.

We'll support you to find the right agencies to help.

- If there are a number of agencies working with a young person, it may be appropriate to arrange a multi-agency consultation. You'll be provided with written documentation following the consultation, including recommendations.

In some cases, we'll become directly involved with the young person.

- In some cases, it may be appropriate for us to become directly involved with a young person.
- This usually means undertaking a specialist assessment and/or agreeing an approach to intervention. This will be determined via the consultation process.