

## **Stopping the Over Medication of People with Learning Disabilities, Autism or both (STOMPwLD).**

What is STOMPwLD about – watch [this video](#) produced by [MixIT](#) to understand more.

There is a significantly higher rate of prescribing of medicines associated with mental illness among people with learning disabilities (PwLD) than in the general population and evidence suggests that the psychotropic medicines are being prescribed on a long-term basis in the absence of documented mental health diagnoses (ref).

An audit done in 2015 estimated that on an average day in England, between 30,000 and 35,000 adults with a learning disability, autism or both were being prescribed an antipsychotic, an antidepressant or both without an appropriate clinical reason (ref).

The resources below have been produced nationally to support STOMPwLD.

**Professional resources** – This page has a number of useful resources for professionals, some of which are below;

- [NHSE produced GP Leaflet](#)
- [STOMP video](#) (Produced by Derbyshire CCG)
- [Step by step tool kit for annual health check](#)

STOMP pledge - Email [england.wesupport.stomp@nhs.net](mailto:england.wesupport.stomp@nhs.net) to support the STOMP healthcare pledge.

Social care providers are also encouraged to pledge – see [link](#).

**Patient resources** - This page has a number of useful resources for patients, some of which are below;

- [Easy read leaflet](#)
- Online [medication pathway](#)
- [Challenging behaviour Foundation](#) also see link for [support for families](#)

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Reference

NHSE resources - <https://www.england.nhs.uk/learning-disabilities/improving-health/stomp>