



Invitation for: Your Annual Health Check and Health Action Plan

Dear

Please come for your **Annual Health Check** on:



Date:



Time:

At: ...Brook Square Surgery



Tel: 01723 360098



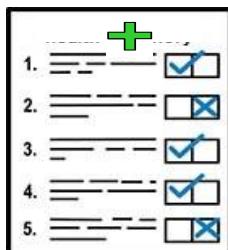
1 of our nurses will do your health check.
Your health check is very important.
It will make sure you stay fit and healthy.



You can bring someone with you.
Your appointment will be for **45 minutes**.



Important:
Please bring a urine sample to your
appointment.



At the end of the appointment, you will
get a **Health Summary**.

Keep it with your **Health Action Plan**.