

**Commissioning Statement:**

<b>Condition or Treatment:</b>	Abdominoplasty / Apronectomy and removal of excessive skin from other areas of the body
<b>Background:</b>	Abdominoplasty (also known as tummy tuck) is a surgical procedure performed to remove excess fat and skin from the mid and lower abdomen. Many people develop loose abdominal skin after pregnancy or substantial weight loss. However, surgery is not part of the usual response to these normal, physiological processes.
<b>Commissioning position:</b>	Not routinely funded. NHS North Yorkshire CCG does not routinely commission Abdominoplasty / Apronectomy or removal of excessive skin from other areas of the body.  The clinician needs to submit an application to the CCG's Individual Funding Request Panel (IFR).
<b>Referral Guidance:</b>	Exceptional cases can be referred to the CCG's Individual Funding Request Panel for prior approval. <ul style="list-style-type: none"> <li>• HRW/SR GP Practices: <a href="https://ifryh.necsu.nhs.uk/">https://ifryh.necsu.nhs.uk/</a></li> <li>• HaRD GP practices: <a href="#">Referral Form</a></li> </ul>
<b>Effective From:</b>	1 July 2021
<b>Summary of evidence/ rationale:</b>	Any operation involving a general anaesthetic should be approached with caution, especially if for cosmetic reasons. Generally, the more extensive the procedure, the higher the risk. Cosmetic procedures are regarded as low priority.
<b>Date:</b>	March 2020
<b>Review Date:</b>	July 2023
<b>Contact:</b>	Dr Emma O'Neill, Clinical Advisor North Yorkshire CCG

**Additional Information/References:**

1. Royal College of Surgeons Commissioning guide: Massive Weight Loss Body Contouring March 2014  
<file:///C:/Users/suzanne.savage/Downloads/Massive%20Weight%20Loss%20Body%20Contouring%20%20Commissioning%20Guide.pdf>
2. Information for Commissioners of Plastic Surgery Services - Referrals and Guidelines in Plastic Surgery (NHS Modernisation Agency) London