

Referral Criteria/Commissioning Position:

Condition or Treatment:	Acne
Commissioning position:	<p><i>Refer to specialist services such as GPwSI in dermatology or to secondary care if patient:</i></p> <ul style="list-style-type: none"> • Has moderate acne which has failed to respond to treatment which should include at least 2 courses of oral antibiotics for at least 3 months each, with appropriate topical treatment. The success or failure of treatment is best assessed subjectively by the patient • is at risk of, or is developing, scarring despite primary care therapies • has a very severe variant such as fulminating acne with systemic symptoms (acne fulminans) or gram negative folliculate acne • has severe acne or painful, deep nodules or cysts (nodulocystic acne) and could benefit from oral isotretinoin • is experiencing severe social or psychological impact, including a morbid fear of deformity (dysmorphophobia) <p>Investigations prior to referral</p> <ul style="list-style-type: none"> • FBC, U&E, LFT, fasting cholesterol and triglycerides. • Organise contraception in all sexually active females (or those likely to become so shortly) before referral if oral isotretinoin may be considered. Isotretinoin can be combined with any oral contraceptive. • Discussion of most effective forms of contraception e.g. implant, IUS, should be had with patient to ensure they understand the effects on foetal development if an unplanned pregnancy occurs and can make fully informed decision on safest choice of contraceptive if considering isotretinoin. https://www.contraceptionchoices.org/infographic
Referral Guidance:	<p>The GP referral letter should contain:</p> <ul style="list-style-type: none"> • Details of how the patient meets the criteria • Current and previous treatments including t results, • Drug history (prescribed and non-prescribed) • Relevant past medical/surgical history • Current regular medication • BMI • Smoking status • Alcohol consumption • Contraception status
Effective From:	1 July 2021
Summary of evidence/rationale:	Acne: http://www.patient.co.uk/health/acne



North Yorkshire
Clinical Commissioning Group

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