

## Waiting Times

We prioritise patients with diabetes according to NICE guidance. Patients with acute problems/ulceration will be seen within 24 working hours of receipt of referral. We encourage HCPs to access the service for any patients with ulceration.

We prioritise non-urgent patients according to the information given in the referral letter and give appointments in their local clinic. Waiting times vary at different clinics according to need.

## Hospital Patient Criteria

Patients with current foot ulceration.

Patients with suspected or diagnosed active Charcot joints.

Patients with lower limb amputation/surgical wounds.

Very high risk patients where ulceration is deemed highly likely, with or without diabetes.

Patients with significant symptoms of vascular disease.

## Community Patient Criteria

Patients with diabetes at low to moderate risk of ulceration.

Patients with callous or corns and no other risk factors.

Patients with biomechanical problems.

Patients at low risk of developing ulceration.

Patients with pathological nail care needs.

\*(Please see NICE algorithm and guidelines on assessing risk if unsure <https://www.nice.org.uk/guidance/ng19>)

Podiatry Services Harrogate and District **NHS**  
NHS Foundation Trust

# Podiatry Services

Podiatry Services Podiatry Services Podiatry Services

## Diabetes and High Risk Service

### in Scarborough

#### Podiatrists

**Laura Johnson** Advanced Specialist Podiatrist

**[laura.johnson@hdft.nhs.uk](mailto:laura.johnson@hdft.nhs.uk)**

**Sammy Lambert** Scarborough Podiatry Team Lead

**Claire Davies** In-patient Specialist Podiatrist

**[ScarboroughPodiatryHighRiskTeam@hdft.nhs.uk](mailto:ScarboroughPodiatryHighRiskTeam@hdft.nhs.uk)**

#### Contact

Diabetes Podiatry Clinics.

Administrator: Julie Cammish: Springhill House.

(Office hours 9.00-4.30pm Mon to Thurs, 9.00-3.30pm  
Fri. Closed 12-1pm, answer machine available)

**01723 342822** Fax: **01723 342856**

Please visit our website for more information on NHS podiatry services across North Yorkshire  
<http://www.hdft.nhs.uk/our-services/community-based-services/podiatry/>

## Clinic Details

Acute foot problem clinics are run at Scarborough Hospital on Wednesday morning alongside vascular and diabetes consultant clinics in the hospital. This gives the advantage of access to medical opinion for complex cases. Ryedale patients may be offered appointments at York Hospital specialist foot clinics if more accessible. Every effort is made to provide holiday cover for all clinics.

## Treatments

- All foot lesions are treated if occurring on or below the medial and lateral malleoli. (Leg ulcers are not routinely treated by the podiatrist.)
- Debridement of callous, slough, necrotic tissue and bone - including sharp or chemical debridement and use of larvae.
- Wound cleansing and taking of tissue or bone samples for culture.
- Wound measurement and recording by digital photography.
- Dressing selection and care planning.
- Chair-side orthotics and slipper casts for pressure relief.
- Antibiotic provision according to protocol (with agreement of physician).
- Supply of trauma shoes, Air Cast walkers, offloading footwear, correctional and functional silicone devices.
- TNP (topical negative pressure dressings) for large ulceration or post-surgical wounds in conjunction with TVN.
- Ongoing education of patients and staff on assessment, treatment and consequences of diabetic foot disease.

## Wards

Ward visits are prioritised according to need. Patients admitted with diabetic and/or vascular foot ulcers or amputation are given highest priority. As in community, nail care is regarded as a hygiene task not a medical need. Ward referrals are accepted from any clinical hospital staff

## The High Risk Diabetic Foot Clinic has access to the following:

- Diabetologist/SpR
- Vascular Team
- Orthotists
- X-Ray (MRI with agreement of physician)
- Microbiology
- Tissue Viability Nurses
- Dietician
- Diabetes Specialist Nurses
- Musculoskeletal podiatry team
- Community podiatry for long-term follow-up

## How to Refer

We accept referrals (letter preferred) from any health care professional (HCP) or GP.

For urgent appointments please telephone the administrator directly giving as much information about the patient as possible. Messages left on the answer machine will be dealt with as soon as possible.

Alternatively messages can be faxed. Non-urgent referrals should be addressed to Springhill House, 19 Springhill, Scarborough YO12 4AD.