**Adult Autism and Attention Deficit Hyperactivity Disorder (ADHD)**

About

Autism is a lifelong developmental condition which affects how people communicate and interact with the world. Autism is a spectrum condition and affects people in different ways.

Attention deficit hyperactivity disorder (ADHD) is a condition that affects people's behaviour. People with ADHD can seem restless, may have trouble concentrating and may act on impulse

The following links provide further information and resources relating to Autism and ADHD:

[www.autism.org.uk](https://www.autism.org.uk)

resourcesforautism.org.uk

[www.easyhealth.org.uk](http://www.easyhealth.org.uk)

[adhdfoundation.org.uk](https://adhdfoundation.org.uk)

Adult autism and ADHD service

The North Yorkshire NHS Autism and ADHD Assessment and diagnostic Service is currently provided by The Retreat, York.

Referrals are accepted by GPs, social care or mental health professionals

The referral criteria can be found here

The referral form can be found here

Information to include with the referral form

As part of the referral process, the following screening forms and information is required:

* AQ10 for autism referrals – these can be found here
* Wender Utar screen for ADHD referrals- these can be found here
* Any recent psychiatric assessments and risk assessments
* Evidence of other previous mental health/neurodevelopmental diagnosis if on file
* Any childhood mental health reports you may have on file i.e. reports from CAMHS
* Evidence of any medical diagnosis, brain injuries or medication that may impact on cognition or behaviour
* Any known information about any forensic history

It is important that you fill in all areas of the referral form and indicate the reasons why you think your patient may meet criteria for an Autism Spectrum Disorder or ADHD.

Please note any incomplete referrals will be returned for further information.

The contact details for the service:

North Yorkshire Autism & ADHD Assessment Service  
c/o The Retreat  
107 Heslington Road  
York YO10 5BN  
Tel: 01904 412551 ext 2015

NY.ASDADHD@nhs.net

## **IMPORTANT CORONAVIRUS UPDATE**

The Retreat aims to provide a safe environment for all its clients and its staff. In response to Government guidance assessments can now be provided online. If you would like to talk to us about this please call 01904 412 551.