

<b>Title of Meeting:</b>	<b>NY CCG Primary Care Commissioning Committee</b>	<b>Agenda Item: 6.3</b>										
<b>Date of Meeting:</b>	<b>27/5/21</b>	<table border="1"> <thead> <tr> <th colspan="2">Session (Tick)</th> </tr> </thead> <tbody> <tr> <td><b>Public</b></td> <td>X</td> </tr> <tr> <td><b>Private</b></td> <td></td> </tr> <tr> <td><b>Development Session</b></td> <td></td> </tr> </tbody> </table>			Session (Tick)		<b>Public</b>	X	<b>Private</b>		<b>Development Session</b>	
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<b>Development Session</b>												
<b>Paper Title:</b>	<b>North Yorkshire Public Health Update Report</b>											
<b>Responsible PCCC Member Lead</b> Name: Clare Beard Title: Consultant in Public Health		<b>Report Author and Job Title</b> Name: Angela Hall Title: Health Improvement Manager										
<b>Purpose – this paper is for:</b>	<table border="1"> <thead> <tr> <th>Decision</th> <th>Discussion</th> <th>Assurance</th> <th>Information</th> </tr> </thead> <tbody> <tr> <td></td> <td>X</td> <td>X</td> <td>X</td> </tr> </tbody> </table>				Decision	Discussion	Assurance	Information		X	X	X
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	X	X	X									
<b>Has the report (or variation of it) been presented to another Committee / Meeting? N</b>												
<b>Executive Summary</b> The report provides an update on: <ul style="list-style-type: none"> <li>• COVID-19 prevention and management arrangements and developments;</li> <li>• Commissioned service updates</li> <li>• North Yorkshire and York Dual Diagnosis Strategic Forum</li> </ul>												
<b>Recommendations</b> <b>The Primary Care Commissioning Committee is being asking to:</b> <ul style="list-style-type: none"> <li>• Note the content of the report;</li> <li>• Note the recommendations relating to Adult Weight Management Services and North Yorkshire and York Dual Diagnosis Strategic Forum</li> </ul>												
<b>Monitoring</b>												

## CCGs Strategic Objectives supported by this paper

	CCG Strategic Objective	X
1	<b>Strategic Commissioning:</b> <ul style="list-style-type: none"> <li>To take the lead in planning and commissioning care for the population of North Yorkshire by providing a whole system approach and to support the development of general practice.</li> <li>To make the best use of resources by bringing together other NHS organisations, local authorities and the third sector to work in partnership on improving health and care.</li> <li>To develop alliances of NHS providers that work together to deliver care through collaboration rather than competition.</li> </ul>	X
2	<b>Acute Commissioning:</b> We will ensure access to high quality hospital-based care when needed.	
3	<b>Engagement with Patients and Stakeholders:</b> We will build strong and effective relationships with all our communities and partners.	X
4	<b>Financial Sustainability:</b> We will work with partners to transform models of care to deliver affordable, quality and sustainable services.	X
5	<b>Integrated / Community Care:</b> With our partners and people living in North Yorkshire we will enable healthy communities through integrated models of care.	X
6	<b>Vulnerable People:</b> We will support everyone to thrive [in the community].	X
7	<b>Well-Governed and Adaptable Organisation:</b> In supporting our objectives we will be a well-governed and transparent organisation that promotes a supportive learning environment.	X

## CCG Values underpinned in this paper

	CCG Values	X
1	Collaboration	X
2	Compassion	X
3	Empowerment	X
4	Inclusivity	X
5	Quality	X
6	Respect	X

Does this paper provide evidence of assurance against the Governing Body Assurance Framework?

YES	x	NO	
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If yes, please indicate which principle risk and outline

Principle Risk No	Principle Risk Outline

Any statutory / regulatory / legal / NHS Constitution implications	N/A
Management of Conflicts of Interest	N/A
Communication / Public & Patient Engagement	In line with North Yorkshire County Council procedures where applicable
Financial / resource implications	N/A
Outcome of Impact Assessments completed	N/A

Name: Angela Hall

Title: North Yorkshire Public Health Update Report

## 1. COVID-19 update

Ongoing delivery of the [COVID-19 Outbreak Management Plan](#) and associated national developments remain a key priority for the Public Health Team.

The Public Health Team continues to work with the North Yorkshire and York Local Resilience Forum, NHS partners, District and Borough Councils, Public Health England, Health and Safety Executive and the community and voluntary sector to prevent and manage COVID-19 transmission and outbreaks, promote and facilitate uptake of the vaccination programme and provide public health advice on events where applicable.

Data on COVID is available on the North Yorkshire County Council website, broken down by County, District/ Borough Council and Middle Super Output Area:  
<https://www.northyorks.gov.uk/coronavirus-data>.

The rate per 100,000 at the time of writing (19 May 2021) is lower than the England average across all Districts in North Yorkshire except Selby, where we have had a small number of outbreaks across different settings including a large workplace. The large workplace outbreak has now subsided but we continue to work closely with the company and other settings involved and monitor closely. Data is carefully monitored in each locality to target action when evidence of/ opportunities for transmission are identified. North Yorkshire Public Health Team and Public Health England are closely monitoring incidence of variants of concern across the County and will implement our plan if the need arises.

The Public Health Team continues to support the NHS to roll out the COVID vaccination programme and promote access and uptake across the population. A Vaccination Assurance Group has been convened and the public health team is currently working with NHS, District/ Borough Council and community and voluntary sector partners to maximise uptake by BAME residents, rough sleepers/ homeless individuals etc.

A range of updated resources to support workplace settings have been published here: [Guidance for workplace settings | North Yorkshire County Council](#)

## 2. Commissioned services update

### 2.1 Adult Weight Management Services

The Adult Weight Management Service has continued to evolve and respond during the pandemic. The Service provides flexibility, in accordance with individual circumstances, needs and within national guidance and restrictions. The Service offered in each locality is a hybrid of online, telephone, and some face-to-face support (dependent on current restrictions).

The 24 week, free programme continues to include:

- nutritional advice – online or telephone
- weekly weigh-ins – virtually
- physical activity – online support or face to face
- techniques to support behaviour change – online, telephone and/or face to face
- a personal weight loss plan – online or telephone
- a physical activity agreement – online or telephone
- regular reviews to monitor progress – online or telephone

Providers are all working through their individual service ‘road maps’/phased approaches to plan for the months ahead. In March/April 2020 a guidance document was written, in partnership with the commissioner and the providers, to transition service provision in accordance with any restrictions in place. This document undergoes frequent reviews and is recognised as good practice by Public

Health England; the guidance document is now in line with the national Road Map, supporting phased re-opening of face-to-face provision within appropriate timeframes.

Where possible, over the coming months the Service will transition to be in line with the contracted Service specification. There is recognition from the commissioner and the providers that it would be sensible to maintain some level of the virtual offer as a medium to long-term approach, to ensure clients who are not ready to access face-to-face are able to phase back to this. Maintaining some level of virtual offer will also support clients who may have previously struggled to access to service (pre-Covid-19) i.e. due to childcare responsibilities, work commitments, or living in rural areas with limited transport.

An exciting communications campaign is due to be launched at the end of May 2021 to increase the awareness of the Service, supporting higher levels of referrals universally but also for target groups that would specifically benefit from engagement with the Service. A communications pack will be circulated to the CCG Communications team.

### ***Additional funding***

On 22nd March 2021 the Department of Health and Social Care announced the Adult Weight Management Services Grant (No.31/5440), which will distribute £30.5m to local authorities in England, accounting for population size, obesity prevalence, and deprivation levels; to support the commissioning of behavioural (tier 2) weight management services for adults.

This funding underlines the Prime Minister's commitment to tackling obesity and furthermore delivers on a key element of the Obesity Strategy; expanding weight management services, so that more people get the support they need to lose weight.

The funding is a one-off allocation and is available for the financial year 2021/22. The North Yorkshire Public Health team have formally accepted the grant funding allocation for North Yorkshire. Opportunities on how to best utilise the funding have been worked up and are undergoing internal decision making processes. Advice has been sought from the regional Public Health England team and existing providers of the Adult Weight Management Service have been consulted through individual service review meetings and through the county-wide provider network.

Proposed utilisation of the funding includes:

- Provision of additional one to one support for individuals whose circumstances have been significantly impacted by the pandemic, i.e. significant loss of income, bereavement, socially isolated/lonely).
- Bespoke, outreach programmes for key target groups who have been disproportionately affected by the pandemic, i.e. people living with a Learning Disability, serious mental illness, and for groups that we know could benefit from have historically engaged less such as men and 18-24yr olds.

### ***Local pathways – NHS Digital Weight Management Service***

The North Yorkshire Public Health team would welcome working in partnership with primary care colleagues to ensure a robust pathway between the Adult Weight Management Service (tier 2) and the recently launched NHS Digital Weight Management Service. A review of the pathway between the NHS Health Check Programme and Diabetes Prevention Programme with the local Adult Weight Management Service would also be welcomed.

The tier 2 service continues to receive referrals for clients with BMI 50+. In Hambleton and Richmondshire clients are able to access a tier 3 service and the pathway between tier 2 and tier 3 services is well established. It is recommended that we build on this across other Localities.

### **Recommendation: Design an effective system Weight Management pathway across North Yorkshire**

## **2.2 Drug and Alcohol Services and associated service developments**

### **2.2.1 North Yorkshire Young People's Drug and Alcohol Service**

The new Young People's Drug and Alcohol Service for North Yorkshire went live on 1 April 2021. HumanKind will deliver the new contract, alongside but separate to North Yorkshire Horizons – the adult, specialist community drug and alcohol service for North Yorkshire. HumanKind and the incumbent provider Compass REACH worked closely in advance of 1 April to ensure appropriate and effective continuity of care for young people who continued to receive structured treatment. The Office of the Police, Fire and Crime Commissioner will continue to invest in the service throughout 2021/22 for arrest referral. The new service delivers evidence based structured drug and alcohol treatment for young people aged 10-18 years (up to 25 where SEND need dictates) and is contactable via the SPOC 01723 330730 (option 2) or Freephone 08000 14 14 80 (option 2). The service is working with our youth voice representative bodies over the next couple of months to develop an appropriate brand and will be attending various meetings and forums to raise the profile of the service. Communications have been developed and issued to a wide range of partners and forums, and the service is presenting at various meetings to raise the profile. New referrals have been received from a range of sources during month one, including arrest referrals from North Yorkshire Police.

### **2.2.2 North Yorkshire Horizons**

North Yorkshire County Council has been successful in securing over £370k of (at this stage) non-recurrent additional investment from Public Health England to strengthen our treatment offer as well as associated service developments. The Grant will be spent on the following:

- Harm Reduction Service Development Officer – the post-holder will focus on strengthening and expanding harm reduction provision and interventions across key settings, including expansion of provision of Naloxone (opiate overdose antidote medication);
- Drug Related Deaths Officer – the post-holder will contribute to the on-going development of our establish local drug and alcohol related deaths confidential enquiry and will focus on developing a drug related deaths review and associated drug related deaths plan inclusive of a Police Plan;
- Complex needs, multiple disadvantage enhanced and bespoke treatment and recovery support offer pilot in Scarborough and Harrogate – provided by North Yorkshire Horizons;
- North Yorkshire Horizons (via their lead provider HumanKind) will purchase and facilitate access to additional medically managed inpatient detoxification facilities on behalf of a Consortium of Local Authorities including North Yorkshire, Leeds, Calderdale and Barnsley. The North Yorkshire Public Health Team will work with HumanKind and colleagues in respective Local Authorities to oversee allocation and outcomes.

## **2.3 Public health commissioned primary care services – Approved Provider List**

North Yorkshire County Council contracts with GP practices and Pharmacies for the provision of a range of primary care based public health services via an Approved Provider List. Current contracts expire on 31st March 2022. Approval to extend these contracts has been granted by North Yorkshire County Council, which will facilitate transformation of delivery of public health through primary care in line with national, regional and local developments. The North Yorkshire Public Health Team will continue to work closely with NHS Commissioners and primary care colleagues to design and deliver.

## **3. North Yorkshire and York Dual Diagnosis Strategic Forum**

The Forum met on 18 May 2021; co-chaired by Dr Hany-El Sayeh, Consultant Psychiatrist and Medical Education Lead TEWV, and Dr Linda Harris, CEO and Medical Director Spectrum Community Health – clinical partner within North Yorkshire Horizons. TEWV, North Yorkshire Horizons, City of York Drug and Alcohol Service, North Yorkshire and York Public Health Teams, NYCC Health and Adult Services and Spectrum Learn and Develop were in attendance.

We reflected on the success of the recent Dual Diagnosis Learning Event, which partners across TEWV, North Yorkshire Horizons and City of York Drug and Alcohol Service organised. The event took place in April and attracted over 100 delegates from across Yorkshire and the North East with some excellent presentations from academics and practitioners. The event launched a Dual Diagnosis Pledge for North Yorkshire and York. The Forum intends to maintain momentum and hold these at least annually.

The Forum continued to focus on workforce development and capacity building for effective dual diagnosis practice; some excellent examples of existing practice were shared including reciprocal clinical training and shadowing placements, as well as an evolving mentorship programme. Workforce development will continue to be a focus for the Forum, supported by a task and finish group with links to Spectrum Learn and Develop, the Royal Colleges of General Practice and Psychiatry and TEWV. Harm reduction, reducing drug and alcohol related deaths including the relationship with suicide, and availability of Naloxone were also discussed and associated priorities were agreed.

The Forum would benefit from representation from Mental Health Service Commissioning and primary care services, to ensure a whole system approach.

The Strategic Forum is supported by a practitioner forum, which is co-chaired by Stephen Findlay-Donaldson, Consultant Psychologist TEWV, and Dolly Cook, North Yorkshire Horizons and City of York Drug and Alcohol Service.

**Recommendation: Nominate a representative to attend the Forum**