

Commissioning Statement:

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| <p>Condition or Treatment:</p> | <p>Surgery for minor foot problems</p> |
| <p>Commissioning position:</p> | <p>Referral for surgery for minor foot problems which include (but not limited to): claw toe, hammer toes, inner growing toenails, metatarsalgia, Morton's neuroma, plantar fasciitis, will only be considered when the following criteria are met:</p> <ul style="list-style-type: none"> • The patient has been referred to a podiatrist and/or physiotherapist where appropriate and conservative management has failed (including avoiding high heels, exercises, applying ice, appropriate analgesia, non-surgical treatment) <p>AND</p> <ul style="list-style-type: none"> • the patient suffers from severe deformity that causes significant functional impairment <p>OR</p> <ul style="list-style-type: none"> • the patient suffers from severe pain that causes significant functional impairment <p>OR</p> <ul style="list-style-type: none"> • there is recurrent or chronic ulceration (or infection) due to the deformity <p>Metatarsus Varus:</p> <p>Refer to secondary care if:</p> <ul style="list-style-type: none"> • After the child reaches the age of 5 years the in-toeing is still evident as surgery may necessary <p>All patients to be referred to local podiatry services prior to referral to secondary care</p> <p>Hallux Valgus and Paediatric Curly Toes:</p> <p>Please see separate NY policy</p> <p>Exclusions:</p> <p>If the patient has diabetic peripheral neuropathy or suspected osteomyelitis and a foot lesion may lead to amputation of a toe or foot, there is no restriction and prompt referral using appropriate local pathways is required.</p> <p>This policy does not affect the existing diabetic foot pathway</p> <p>This policy does not apply to surgery to correct deformity due to acute trauma.</p> |



North Yorkshire
Clinical Commissioning Group

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| Effective From: | 1 July 2021 |
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| Review Date: | July 2023 |
| Contact: | Dr C Ives, Governing Body GP, North Yorkshire CCG |