



Vale of York

Clinical Commissioning Group



North Yorkshire

Clinical Commissioning Group

Adult Autism and ADHD assessment and diagnostic service Focus Group

Sheila Fletcher, Vale of York Clinical Commissioning Group

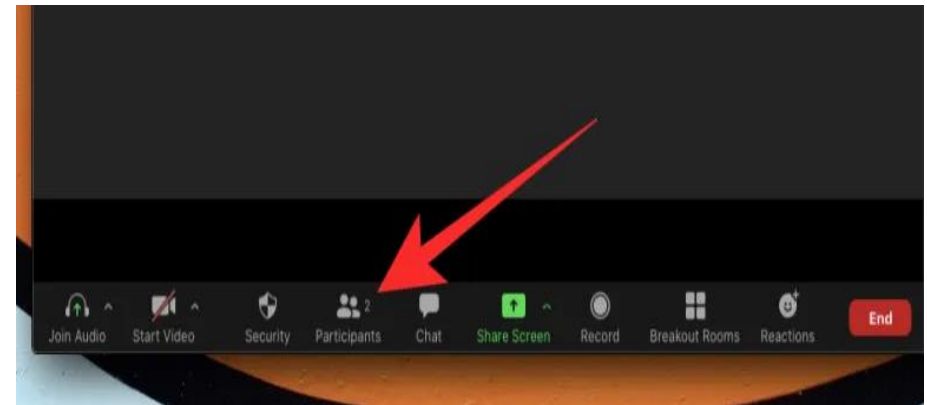
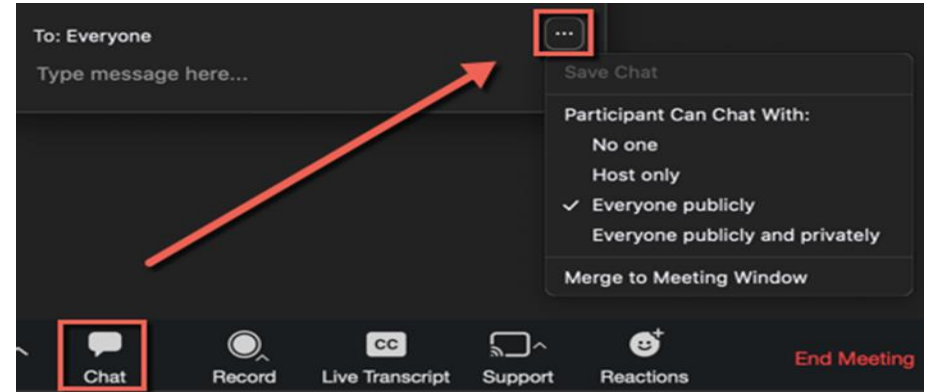
Kate Birkett, North Yorkshire Clinical Commissioning Group

Overview of event


	Today's agenda
1.	Welcome and Introductions <ul style="list-style-type: none">• Virtual house keeping rules
2.	Aims of engagement
3.	Background <ul style="list-style-type: none">• The story so far
4.	Current pathway <ul style="list-style-type: none">• Positives and challenges and gaps
5.	What a new service could look like
6.	Break
7.	Group discussions
8.	Next steps and closing remarks

Housekeeping to help the meeting run smoothly

- Please put your microphones on mute
- Please use the **chat box** in the control panel to ask questions
- Please be a good listener and active participant
- To raise your hand click on **Participants** then click **Raise Hand**



Aim of this engagement

- Effective engagement on the development of a clear pathway, working in partnership with adults with autism/ADHD and their families/carers
 - Involvement of individuals and their families in all stages of the assessment and care planning process
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- All adults from 18 years of age
 - Takes account of transition from children & young people to adult services
 - Identification, assessment, diagnosis of autism/ADHD and a range of support offered on receiving diagnosis
 - A multi-disciplinary/cross agency approach to provision of post diagnostic support

Background

- Commissioned in January 2016 following a competitive tender on behalf of the four CCGs across North Yorkshire
 - Ongoing work since 2018 to design a new service model aimed at addressing gaps in service associated with pre and post diagnostic support and for mental health co-morbidities
 - There is now a clear commissioning intention for a new service model that would better meet the needs of service users and potentially offer better value for money.
- CCGs agreed to:**
- Continue the service with the current provider and extend the contract for a further year to 2022
 - COVID response has led to a predominantly online service
 - Procurement of a lead provider to deliver an adult autism and ADHD assessment and diagnosis service on behalf of the Vale of York and North Yorkshire CCGs from 1 April 2022

Current waiting lists

- Demand outstripped commissioned capacity
- Current waits of approx. 24 months
- Recent additional funding through Mental Health Investment for Waiting List Initiative – underway since Jan 2021
- **Challenges**
 - Demand growing quicker than inflation for mental health
 - Waiting list expected to be 9 months by April
 - Reinforces need for pre-diagnostic support

Feedback on online assessment

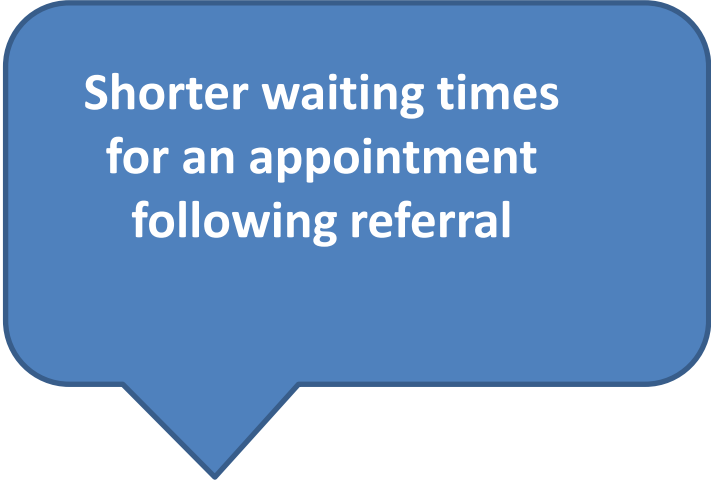
“ 35 out of 50 people undergoing assessment said...

- (75%) agree or strongly agree online assessment suited them
- (11%) disagreed or strongly disagreed
- (14%) neither agreed nor disagreed

”

What we already know

- Accessing the referral and diagnostic route
 - Long waits
- Service local
 - Reduce travel



Shorter waiting times
for an appointment
following referral



Services available locally to
reduce the travel

What we already know

- Raise the awareness of autism and ADHD
 - Offer earlier support
 - Recognition of autism and ADHD

“GPs to be more aware of autism/ADHD and refer sooner”

“People need to know more about it and then people may be more accommodating”

What we already know

- Support after diagnosis
- Access to information and advice before screening and assessment

“What happens after my diagnosis?
- more support needs to be available”

“Can you signpost us to support groups rather than be left all alone?”

Pathway: Referral and pre-assessment

Challenges, gaps and issues

- Referrals can be dependent on the awareness of GPs
- Inconsistencies in GP training
- Lack of awareness for available training
- ASD-High functioning people with no comorbidities can be missed
- ASD- Females are being missed
- Long waiting times for screening
- Support needed for people waiting for an assessment

Positives

- There are some excellent GPs
- TEWV is training GPs on autism

Pathway: Following screening assessment

Challenges, gaps and issues

- Appraise people simultaneously for physical and mental health conditions - and refer to support services
- Support for people with negative screening and signposting to support services

Positives

- There is a diagnosis service available!
- Access to a multi-disciplinary and integrated assessment
- Improved access to information about autism/ADHD and available services

Post assessment

Challenges, gaps and issues

- Refer everyone to a social worker for social care assessments
- No clear local pathways for post diagnostic support
- Reasonable adjustments in provider services
- Support for carers
- Consistent access to advocacy services

Positives

- Potential for a holistic assessment of need which is translated into person centred plans
- Training developed for in-house services
- Autism Champions in provider services

Treatment options

Challenges, gaps and issues

- Young people transitioning into adults services
- Reasonable adjustment to services not always made
- Post diagnostic support for managing core features of ADHD/Autism
- Medication monitoring for ADHD- shared care model with primary care?

Positives

- Mandatory training for LA staff
- Autism champions in provider services
- Advocacy services good – but need consistent access for all

What a new service could look like

- NICE compliant quality standards
- Triage and referral management
- Assessment, diagnosis and treatment
- Partnership working with local partners to create post diagnostic pathways
- Support for primary care

Group discussions

Identify specific hot-topics within pathway



Next steps

- **Further engagement in York and North Yorkshire**
- Evaluation
- **Development of service specification and pathway**
- CCG approval
- **Invitation to tender**



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**Thank you
for attending**