

# START WELL CHOOSE WELL STAY WELL

## HAYFEVER MEDICINES

In North Yorkshire\*\*, more than £317,000 was spent last year on prescribing hayfever medicine - this could be used for 1,174 emergency ambulance trips.

### DID YOU KNOW?

The cost to the NHS for prescribing hayfever medicines every year is £13.6million.

On prescription the cost of 30 tablets is double than for a patient to buy locally.

\*Based on the approximate price of 30 tablets

**\*£2.07**  
prescription  
from your GP

from **\*99p**  
in supermarkets  
and pharmacies

### DO YOUR BIT TO HELP

Please don't ask for hayfever medication on prescription, it can be bought affordably elsewhere. Play your part in helping your local NHS to save money.

\*\*In the area covered by NHS North Yorkshire CCG

