

Foot examination:

1. Foot: Deformity or callus
2. Arteries: Palpate dorsalis pedis and posterior tibial pulses
3. Neuropathy: 10g monofilament
4. Active foot disease

All of the following:

1. No neuropathy
2. At least one palpable foot pulse
3. No foot deformity
4. Not on dialysis

One of the following:

1. Neuropathy
2. No palpable foot pulses
3. Foot deformity

One of the following:

1. Neuropathy AND no palpable foot pulses
2. Neuropathy OR absent foot pulses AND callus OR deformity
3. Previous foot ulcer OR amputation
4. Dialysis

One of the following:

1. New foot ulcer
2. Spreading infection
3. Critical ischaemia
4. Gangrene
5. Hot, red, swollen foot (possible Charcot foot)

One of the following:

1. Foot ulcer with fever or any signs of sepsis
2. Clinical concern that there is a deep-seated soft tissue or bone infection

LOW RISK

1. Annual foot screening in primary care
2. Advise importance of good foot care
3. Advise possible progression of foot risk

MODERATE RISK
Refer to community podiatry :
Podiatry Department
Springhill House
19 Springhill Close
Scarborough
YO12 4AD
Tel. 01423 542972
Email

HIGH RISK
Refer to high risk community podiatry :
Podiatry Department
Springhill House
19 Springhill Close
Scarborough
YO12 4AD
Tel. 01423 542972
Email

ACTIVE FOOT DISEASE*
In all cases advise **MINIMAL** weight-bearing on affected foot
Urgent same day referral
Telephone
07920073785

LIFE-/LIMB THREATENING DIABETIC FOOT DISEASE
Refer urgently to vascular on-call via York switchboard (or Acute Medicine at JCUH if Whitby)

For all Email referrals: HDFT.podiatryreferrals@nhs.net State priority in subject heading.

*If foot is clinically infected prescribe antibiotics as per local protocol.