

Commissioning Statement:

Condition or Treatment:	Tier 3 Weight Management
Background:	<p>The Adult Tier 3 Weight Management Service, also referred to as the Specialist Weight Management Service (SWMS), is a multi-disciplinary, intensive, secondary-care based programme, designed to support adults with severe obesity and complex needs who require a more individualised approach than the Tier 2 service has previously been able to offer them.</p> <p>The programme is typically 6-12 months and will potentially include input from a physician (either consultant or GP with a specialist interest), specialist nurse, specialist dietitian, psychologist, psychiatrist and physiotherapist.</p>
Commissioning position:	<p><u>Referral Criteria</u></p> <p>The service is available to patients aged 18 years of age and over, who are registered with a North Yorkshire CCG GP practice, have a BMI of ≥ 40, or a BMI ≥ 35 with significant co-morbidities</p> <p>AND</p> <p>Who have maximised primary care and community conservative management including:</p> <ul style="list-style-type: none"> • Receiving healthy weight and lifestyle advice in primary care • Evidence of active participation in modification to exercise and diet, which is patient- or GP-led, or delivered by an independent commercial service or Tier 2 service, depending on local availability • Have been offered a trial of pharmacological interventions where there are no contra-indications • Understanding of the commitment required for the Tier 3 programme and willingness to engage
Referral Guidance:	<p>Exceptional cases can be referred to the CCG's Individual Funding Request Panel for prior approval.</p>
Effective From:	<p>2nd March 2022</p>
Summary of evidence/ rationale:	<p>NICE Clinical Guideline CG189: https://www.nice.org.uk/guidance/cg189/chapter/1-recommendations Report of the Working Group into Joined Up Clinical Pathways for Obesity: https://www.england.nhs.uk/wp-content/uploads/2014/03/owg-join-clinc-path.pdf</p>



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