

*Working effectively together to improve outcomes
for children and young people*



Education Health Care Plans for Preparation for Adulthood

Transitions

As you get older, you're able to start making your own decisions about a lot of things that matter most to you, this includes your health and wellbeing. Health teams such as those in your local doctor surgery or hospitals can help you become more independent in managing your own health and moving from children's health services to adult ones. In healthcare we sometimes call this 'transition'.

Preparing for Adulthood

Preparing for adulthood means preparing young people with special educational needs and or disabilities for:

- **Further education and/or employment:**

This includes exploring options for what a young person will do during the day when they leave school, this may include attending a day service, further education, different employment options, such as supported employment, volunteering, as well as other daytime opportunities.

- **Being independent:**

This means young people having choice and control over their lives, the support they receive, their accommodation and living arrangements, whenever possible.

- **Being part of society:**

Including having friends and supportive relationships, and being part of their local community.

- **Being as healthy as possible in adult life:**

Including moving to adult health services, having access to sport and keeping active and having an annual health check.

These four key areas are the four themes explained in the Children and Families Act and will be focused on from 14 years of age (school year 9)

Preparation for Adulthood for children and young people with Educational Health Care Plans

**The EHCP is a document with sections from A- I that details the young person's aspirations, and their assessed needs across education, health and care.
The settings and services described in the document are obliged to deliver the provision as stated.**

Section A:

This tells the story of the child/young person's development, as well as including the Childs/Young Persons key views, interests and identifies their aspirations as well as their parents/carers.

Section B:

A concise and clear summary of the Child / young person's Special Educational Needs, including the impacts this has on their education.

Section C:

Provides an overview of the child/young person's Health Needs. Any diagnosis will also be included and how this impacts on the areas of the child/young person's life.

Section D:

Social Care Needs, which require the child/young person to receive assistance with activities of daily living, maintaining independence, social interaction, enabling the individual to play a fuller part in society.

Section E:

States the outcomes sought for the child/young person, which directly link to the aspirations identified in Section A.

Section F:

Describes the special educational provision which will be made to meet the child's educational needs.

Section G:

This identifies any health provision, which will be delivered in order to achieve health needs.

Section H1:

Describes the social care provision that the child/young person requires to access facilities in the home or community (arising from the Chronically Sick and Disabled Persons Act 1970).

Preparation for Adulthood for children and young people with Educational Health Care Plans cont.

Section H2:

Describes any other social care provision which is required to meet the child/young person's needs.

Section I:

States the name and type of school, maintained nursery school, post-16 institution or other institution that will be attended.

Section J:

If a personal budget is requested this states how the Personal Budget will support particular outcomes, the provisions it will be used to commission.

Section K:

Lists the people and evidence they provided to help write the EHCP.

Section C and G:

Are the sections of the EHCP which concerns the young person's health needs, outcomes and provision. It is the responsibility of health services to ensure the content of this section is accurate and updated.

The embedded sections C and G proforma is utilised by health professionals to input the EHCP.



K5 DMO.docx



K6 Health Practitioners.docx

Annual Reviews and Responsibilities for Health

Annual Review

A CYPs EHCP must be reviewed at least every 12 months and is usually organised by the educational setting. They will invite professionals they know are involved, and write to them for any updated advice.

The purpose of a review is to gain input from the CYP, their family and all involved services, update the plan if necessary. Any proposed changes or amendments are sent to the LA who decide what to do with the plan.

As well as the document, the review is also important for young people and their families to receive support and advice from the services involved, discussing all areas of a CYP's and to plan for the future.

Health Responsibilities

- **To ensure the description of health care needs and interventions in the EHCP are accurate.**
- **Complete Section C and G with assessed needs, outcomes, and provision and return to the educational setting or the LA as identified in request.**
- **Attend the review if possible and be part of the review process.**

Planning for Transitions

Transitions

If a young person is due to make a big transition e.g. at the end of a phase of education e.g. leaving Sixth form and moving to post 16 education OR leaving education entirely - the LA must issue a final Education Health and Care plan by the **31st March** of that year.

This EHCP **must** state the educational provision for the next stage and describe assessed:

Social Care, Health needs and provision

Discussion and identification of provision for the next stage will begin the year before the YP is due to move on.

In the year they are due to leave, the Annual Review will be held earlier to allow the transition plan to be confirmed and formalised in time for the deadline.

Health Responsibilities

To attend reviews where possible and provide advice, support and guidance around the young person's health needs and interventions required.

Preparing for Adulthood

Any EHCP for young people aged 18-25 should have a clear focus on PfA, and the plan should describe how any inspirations they have can be met in both short and long term.

Health Responsibilities

To understand and be part of the discussion regarding a YP's aspirations for the future.

Advise on if/how health can support towards these aspirations.

Assess and advise on what the YP will continue to require support with and identify how these needs will be met.

Ensuring that the above is reflected in Section C & G of the EHCP.



Young Person's Voice and Capacity

Aged over 18, A SEN caseworker officer will assume the capacity of a YP in expressing preferences decision making, unless otherwise advised.

It is understood that parents/carers will continue to be central to discussion and planning, but their views and aspirations won't automatically be considered the same as the YP's.

It is vital that the young person's independent aspirations around their education, health and care are captured in the EHC plan and sought around key decision points.

Health Responsibilities

To ensure the voice of the young person is heard and adhered to, and that the health needs are met.



Right to Appeal

A young person or someone with consent to act on their behalf has the right to preference an educational setting and other content of the EHCP, but there are some reasons allowing the LA to disagree.

When an EHCP is finalised, this grants the right to appeal against the described needs, provision and placement. **This now includes the Social Care and Health section of the EHCP.**

This means that through the SEND Tribunal process, the young person or someone appealing on their behalf can challenge the description of the social care needs and any provision put in place.

Differences may be resolved before the end of the appeal, or if not a Judge may make recommendations in a court hearing.

Statutory Responsibility for Health

As part of a SEND tribunal, you may asked:

- **To provide further details of your assessment or the described provision**
- **To provide a witness statement**
- **To appear as a witness in a tribunal hearing**

Contacts List



Health ECHP Requests

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Scarborough: TEWV.lakehouseadmin@nhs.net

Local Authority Contact

General SEN enquiries
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