**Musculoskeletal Pathway Hambleton & Richmondshire**

**Self-referral & GP directed self-referrals GP, FCP, T & T\*, Orthopaedic & Rheumatology referrals GP, FCP, Podiatry and Physio referrals**

Rheumatology

Pain Services

Orthopaedics

MSK Service

Physiotherapy

PhysioDirect

Neurosurgery

 **Discharge Discharge D/C T & T Physiotherapy Podiatry GP**

**\*T&T = Triage & Treat**

**FCP inclusion/Exclusion Criteria**

|  |  |
| --- | --- |
| **Inclusion** | **Exclusion** |
| **All soft tissue injuries, sprains, strains or sports injuries** | **Acutely unwell** |
| **Arthritis – any joint** | **Under 18s** |
| **Possible problems with muscles, ligaments, tendons or bone (e.g. tennis elbow, carpal tunnel syndrome, ankle sprains)** | **Medical management of rheumatoid conditions** |
| **Spinal pain including lower back pain, mid-back pain and neck pain** | **Women’s health, antenatal and postnatal problems** |
| **Spinal-related pain in arms or legs, including nerve symptoms (e.g. pins and needles or numbness)** | **House bound patients** |
|  | **Medication reviews for non-MSK conditions** |
|  | **Neurological / respiratory conditions** |
|  | **Headaches** |
|  | **Acute mental health crises** |

Referenced from https://www.hee.nhs.uk/sites/default/files/documents/FCP%20How%20to%20Guide%20v21%20040919%20-%202.pdf

Receptionist flow chart for FCPs

Do you have a problem with your neck,

back, bones, joints or muscles?

Book with GP

NO

YES

Book with GP

Are you feeling unwell at the moment?

?

Referenced from https://www.hee.nhs.uk/sites/default/files/documents/FCP%20How%20to%20Guide%20v21%20040919%20-%202.pdf

Book with FCP

NO

YES