**North Yorkshire and York Adult Autism and ADHD Assessment and Diagnosis Service Pathway**

**Does the patient meet the overall referral acceptance?**

* The person is 18 years old or above at the time of the referral.
* The person’s substances and/or alcohol use is not at a level that may interfere with observational assessments/ability to engage in assessment process.
* The person is deemed stable enough to undergo the assessment process.
* The person’s BMI is above 15.
* The person does not have dementia or a significant brain injury and is not going through the diagnostic process for dementia or needing specialist support for their brain injury.

**Criteria for acceptance**

1. Direct referrals from the Community Mental Health Team:
	* people under the care of community mental health teams where it is identified there are co-occurring neurodevelopmental conditions and/or where the patient has support needs arising from undiagnosed neurodiverse conditions that overlap with symptoms of mental health problems.
	* andwhere this creates barriers to making a diagnosis, and for the service to appropriately manage the patients' mental health.
2. Risk of being unable to have planned life-saving hospital treatment, operations, or care placement.
3. Imminent risk of family court decisions determined on diagnosis e.g., family breakdown, custody hearing.

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**Priority Amber/Green** **patients**: If a person's circumstances change which results in their meeting the acceptance criteria at any point, they can be re-referred for triage as Priority Red via their GP or Community Mental Health Team.