

**AGENDA**

Let's get talking adult autism and ADHD services York and North Yorkshire  
Thursday 14 December 2023, 6pm - 8pm  
Virtual Meeting via MS Teams  
**Chair – Lee Adams, Chair Healthwatch North Yorkshire**

<b>Time</b>	<b>Item</b>	<b>Speaker</b>
6pm – 6.05pm 5 min	<p><b>Welcome and introduction</b></p> <ul style="list-style-type: none"> <li>• Purpose of the event</li> </ul> <p><b>Housekeeping and ground rules</b></p> <ul style="list-style-type: none"> <li>• <b>Please mute your microphone when you're not talking</b> – to prevent echo noise from conflicting microphones.</li> <li>• <b>Please do not interrupt speakers</b> - We will keep pausing throughout, to give everyone the opportunity to ask questions.</li> <li>• <b>Be a good listener and active participant</b> - Be courteous and listen when others are speaking, but also be sure to be an active participant.</li> <li>• <b>Please put your questions in the "Chat" function at any time</b> – This will be monitored throughout the event.</li> </ul>	Chair
6.05pm -6.15pm 10 min	<p><b>Welcome from Humber and North Yorkshire Integrated Care Board</b></p> <ul style="list-style-type: none"> <li>• Why we are here and where we want to get to</li> </ul>	Sarah Coltman-Lovell
6.15pm - 6.25pm 10 min	<p><b>The Referral Pathway and neuro diverse reports</b></p> <ul style="list-style-type: none"> <li>• Explain the referral pathway</li> <li>• Neurodiverse report and how this can help</li> </ul>	Dr Peter Billingsley
6.25pm – 7pm 35 min	<p><b>Break out session - group facilitation - time to reflect on what you have heard</b></p> <ul style="list-style-type: none"> <li>• Each group to have 35 minutes to reflect on what they have heard</li> </ul>	All
7pm – 7.15pm 15 min	<p><b>Feedback to main group</b></p> <ul style="list-style-type: none"> <li>• Facilitator to highlight two key discussion points</li> </ul>	All
7.15pm -7.55pm 40 min	<p><b>Question and answer session</b></p>	All
7.55pm	<p><b>Closing summary from Humber and North Yorkshire Integrated Care Board</b></p> <ul style="list-style-type: none"> <li>• The way forward</li> <li>• Focus groups</li> </ul>	Michelle Carrington
	<p><b>Closing remarks from Chair</b></p>	Chair
8pm	<p><b>Meeting closed</b></p>	Chair
<b>Thank you for attending</b>		