

HaRD Optometrist Referral Pathway

To be used in conjunction with Ophthalmic Referral Guidelines

Key
Optometrist
Urgent Referral
Routine Referral

Patient presents requiring an onward referral (GOS, Minor Eye Conditions Service (MECS) or Private.

Using the "Ophthalmic Referral Guidelines" Does the patient Require an Urgent or Routine Referral (all ages)

All Urgent referrals

Routine referrals

Direct Referral – Phone / Email
Contact ophthalmology on call via Hospital Switchboard and e-mail documentation

Wet ARMD Referrals
Referrals to be emailed within 1 working day to:
urgentapptcentre.hdf@nhs.net
Follow link to [E-mailable form](#)

Refer to RMS Choice Office
This excludes:
Patients <2 years of age
Glaucoma <18 years of age
All diabetic retinal screening referrals
MECS Referrals as per module
Please email documentation

Switchboard (24 hrs):
01423 885959
Email: (Mon to Fri 8-5)
urgentapptcentre.hdf@nhs.net
(or Fax: 01423 554455)

RMS Choice office 0300 3030060
Email: hnyicb-voy.choice@nhs.net

All emails to be sent via a secure network (ie nhs.net to nhs.net)
Patients may also be referred to their GP if their eye condition relates to their general health

HDFT OPHTHALMIC REFERRAL GUIDELINES

Contact Ophthalmology on call for urgent referrals via hospital switchboard (24 hrs) and email documentation to urgentapptcentre.hdft@nhs.net. (Note: urgent inbox monitored Monday to Friday, 8am to 5pm) or fax to 01423 554455

Wet ARMD referrals should be emailed to urgentapptcentre.hdft@nhs.net

URGENT

- WITHIN HOURS }
- WITHIN 24 HOURS } **OR** **ROUTINE**
- WITHIN 2-7 DAYS }

URGENT - WITHIN HOURS

ACUTE ANGLE CLOSURE GLAUCOMA

CHEMICAL BURNS

PENETRATING INJURY OR SUSPECTED INTRAOCULAR FOREIGN BODY

HYPHAEMA (BLUNT INJURY)

HYPOPYON - CORNEAL ABSCESS

SEVERE IRITIS

ENDOPHTHALMITIS

ORBITAL CELLULITIS

ACUTE RETINAL ARTERY OCCLUSION *(UNLESS GIANT CELL
ARTERITIS EXCLUDED)

ISCHAEMIC OPTIC NEUROPATHY *(UNLESS GIANT CELL ARTERITIS
EXCLUDED)

ACUTE THIRD NERVE PALSY

HORNER'S POST NECK TRAUMA (CAROTID DISSECTION)

URGENT - WITHIN 24 HOURS

SUSPECTED GIANT CELL ARTERITIS, IF TREATMENT STARTED

ACUTE IRITIS

ACUTE METAMORPHOPSIA / WET ARMD (email referral [form](#))

DENDRITIC ULCER

continued.....

URGENT – WITHIN 24 HOURS (.....continued)

RETINAL TIA'S (AMAUROSIS FUGAX) - *REFER TO STROKE CLINIC*
SUSPECTED RETINAL DETACHMENT - FLOATERS
PHOTOPSIA
FIELD LOSS

VITREOUS HAEMORRHAGE

URGENT – WITHIN 2-7 DAYS

SCLERITIS
PROLIFERATIVE DIABETIC RETINOPATHY
OPTIC NEURITIS
SUSPECTED OCULAR MALIGNANCY
VERNAL CATARRH
OCULOMOTOR NERVE PALSY
RETINAL VEIN OCCULSION

ROUTINE

MOST CASES OF SUSPECTED CHRONIC GLAUCOMA (UNLESS IOP >35 mmHg)
MEIBOMIAN CYSTS (not routinely referred, see HaRD CCG [policy](#))
ATROPHIC MACULAR DEGENERATION (DRY)
BACKGROUND DIABETIC RETINOPATHY
SUSPECTED SQUINT
MOST CASES OF DIPLOPIA
UNEQUAL PUPILS - ESSENTIAL ANISOCORIA
ADIE'S PUPIL
POST TRAUMATIC MYDRIASIS
HORNER'S SYNDROME (if non-traumatic and painless)